



### **“Listen Like A Trampoline”**

What does the idea “*Listen Like A Trampoline*” mean to you?

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Each time you jump on a trampoline you are elevated higher. What can you do, as a listener, to elevate the speaking of the person to whom you are listening?

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Describe somebody you know elevates your level of thinking and talking. What impact does this have on your eagerness to talk to them and be open?

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